

STARTERS

MISO SOUP traditional Japanese soy based soup	\$2.50
EDAMAME # baby soybean in the pod	\$3.95
GYOZA 5 pcs. of pork or vegetable Japanese pot stickers	\$4.60
AGEDASHI TOFU # cubed firm tofu deep fried until golden brown	\$4.50
MUSSELS (4 pcs.) * add quail egg for \$2	\$6.95

SIDE ORDERS

STEAMED RICE # ½ c	\$2.95
SUSHI RICE # ½ c	\$2.95
STEAMED VEGETABLES # ½ c	\$4.50
STIR FRIED VEGETABLES #	\$4.95
TEMPURA TOFU fried tofu w/ a side of spicy mayo & teriyaki sauce	\$5.95
COCONUT TOFU coconut tempura fried tofu w/ a side of teriyaki sauce	\$6.95
TEMPURA VEGETABLE tempura fried broccoli, carrots & onions w/ a side of teriyaki sauce & gyoza sauce	\$7.95
COCONUT SHRIMP order of 5 shrimp w/ a side of spicy mayo & eel sauce	\$8.95

SALAD & SUCH

HOUSE SALAD # mixed greens topped w/ cucumber, carrot, avocado, sprouts & green onion	\$4.95
CUCUMBER SALAD # ½ c cucumber & mixed greens w/ a ginger vinaigrette, add tako for \$3	\$4.50
SEAWEED SALAD # mix of seaweed & squid	\$4.95
SMOKED SQUID SALAD	\$5.95
MIX SALAD mix of seaweed & squid	\$5.95
POKKI SALAD # diced tuna marinated in ponzu sesame oil, green onions & masago served w/ seaweed salad	\$7.50
ASSORTED POKKI SALAD * diced assorted fish marinated in ponzu sesame oil, green onions & masago served w/ seaweed salad	\$7.50
GROOVY POKKI SALAD # diced tuna, wahoo, albacore, mango, strawberry, avocado & masago marinated in ponzu served w/ seaweed salad	\$7.95
GROOVY CEVICHE # diced tuna, wahoo, albacore, mango, strawberry, avocado & tobiko lightly cooked w/ citrus juice & salt served w/ crispy wontons	\$8.95
EL LOCO CEVICHE # # diced salmon, scallop, ebi, cilantro, green onions, tobiko, chichimi powder & serrano peppers lightly cooked w/ citrus juice & salt served w/ crispy wontons	\$8.95

RICE BOWLS

add shrimp to any bowl or make it a pan fried noodle bowl for only \$2.00

MANDARIN PINEAPPLE TERIYAKI choice of beef or chicken w/ vegetables over rice	\$9.50
TERIYAKI SEAFOOD BOWL choice of salmon, shrimp or scallop w/ vegetables over rice	\$10.95
MIXED SEAFOOD BOWL * assorted fish served w/ vegetables over rice	\$11.95
TERIYAKI TOFU BOWL tempura tofu served w/ vegetables over rice	\$8.50
SPICY RICE BOWL # choice of beef or chicken w/ vegetables over rice	\$9.50
SPICY SEAFOOD BOWL # choice of salmon, shrimp or scallop w/ vegetables over rice	\$10.95
SPICY MIXED SEAFOOD BOWL * # assorted fish served w/ vegetables over rice	\$11.95
SPICY TOFU BOWL # tempura tofu served w/ vegetables over rice	\$8.50

COMBINATIONS

TERIYAKI COMBO #1 choice of beef or chicken teriyaki w/ 4 pcs. cali roll, 3 pcs. gyoza & miso soup	\$12.50
TERIYAKI COMBO #2 choice of salmon, shrimp or scallop teriyaki w/ 4 pcs. cali roll, 3 pcs. gyoza & miso soup	\$13.95
TERIYAKI COMBO #3 tempura tofu teriyaki w/ inari sweetness roll, 3 pcs. vegi gyoza & miso soup	\$11.50
SPICY COMBO #1 * # choice of beef or chicken teriyaki w/ 4 pcs. spicy tuna roll, 3 pcs. gyoza & miso soup	\$12.50
SPICY COMBO #2 * # choice of salmon, shrimp or scallop w/ 4 pcs. spicy tuna roll, 3 pcs. gyoza & miso soup	\$13.95
SPICY COMBO #3 # tempura tofu w/ tex mex roll, 3 pcs. vegi gyoza & miso soup	\$11.50

SUSHI ROLL W/ SOY PAPER INSTEAD OF SEAWEED? ADD ONLY \$0.50.

SUSHI COMBINATIONS

LITE AND SIMPLE california roll, seaweed salad & miso soup	\$10.95
VEGI COMBO house salad, edamame, tempura asparagus roll & miso soup	\$11.50
BASIC COMBO * half cali, half spicy tuna, full shrimp tempura roll & miso soup	\$13.95
RAINBOW COMBO * 2 musels, rainbow roll, 4 pcs. nigiri & miso soup	\$17.95
HARDCORE COMBO * assorted pokki, 5 pcs. of nigiri, 7 pcs. of sashimi & miso soup	\$24.95

FRESH CUTS

TATAKI TOFU soybean	\$2.95	NIGIRI	\$2.95	SASHIMI	\$7.50
INARI marinated tofu	\$2.95	AMAEBI * sweet shrimp	\$4.95		
EBI shrimp	\$3.95	IKA squid	\$3.50		
HAMACHI * yellowtail	\$4.95	HAMACHI * yellowtail	\$4.95	\$11.95	
HOTATEGAI * #spicy scallop	\$4.95	HOTATEGAI * #spicy scallop	\$4.95	\$11.95	
MAGURO * tuna	\$4.95	MAGURO * tuna	\$4.95	\$11.95	
ONO * wahoo	\$4.95	ONO * wahoo	\$4.95	\$11.95	
SAKE * salmon	\$4.95	SAKE * salmon	\$4.95	\$11.95	
SMOKED SALMON	\$4.95	SMOKED SALMON	\$4.95	\$11.95	
SHIRO MAGURO * albacore	\$4.95	SHIRO MAGURO * albacore	\$4.95	\$11.95	
TAKO octopus	\$4.50	TAKO octopus	\$4.50	\$11.50	
TOBIKO * flying fish eggs, add a quail egg for only \$2.	\$4.95	TOBIKO * flying fish eggs, add a quail egg for only \$2.	\$4.95		
UNAGI fresh water eel	\$4.95	UNAGI fresh water eel	\$4.95		
TATAKI MAGURO marinated seared tuna	\$4.95	TATAKI MAGURO marinated seared tuna	\$4.95	\$12.50	
ASSORTED chef's choice	\$10.95	ASSORTED chef's choice	\$10.95	\$16.95	

HOSOMAKI STYLE

TEKKA * ½ c tuna	\$5.95	ONO * ½ c wahoo	\$5.50
NEGI HAMMA * ½ c hamachi & green onion	\$5.50	SPICY SCALLOP * # spicy scallop	\$5.50
SAKE * ½ c salmon	\$5.50	SPICY ALBACORE * # spicy albacore & cucumber	\$5.50

SUSHI ROLL W/ SOY BEAN INSTEAD OF SEAWEED? ADD ONLY \$0.50.

🌶️ spicy 🌱 vegan 🌾 gluten free

BASIC ROLLS



CALIFORNIA	\$5.95	ALASKAN * 🌾.....	\$5.95
crab, cucumber & avocado		smoked salmon & cucumber	
ORANGE CALI *.....	\$6.95	SPICY TUNA * 🌶️.....	\$6.95
crab, cucumber, avocado & masago		spicy tuna, cucumber, sprouts & green onion	
CALI ASPARAGUS	\$6.95	UNAGI ROLL	\$6.95
crab, asparagus & avocado		unagi, cucumber & avocado	
PHILLY ROLL * 🌾.....	\$6.50		
salmon, cream cheese & avocado			

GROOVY ROLLS



MAUI WOW! *.....	\$8.95
seared tuna, mango & avocado topped w/ tempura crunchies	
SHRIMP TEMPURA	\$9.50
tempura shrimp, crab, cucumber, sprouts, green onion, avocado & eel sauce	
SPIDER	\$9.50
soft shell crab, crab, cucumber, sprouts, green onion, avocado & eel sauce, add eel for \$1.50	
GLITTER *.....	\$10.95
hamachi, salmon & wahoo topped w/ masago	
VANCOUVER	\$11.95
crab & cream cheese topped w/ smoked salmon, ebi & lemon	
FIRECRACKER * 🌶️.....	\$11.95
spicy tuna, cilantro, cucumber & sprouts topped w/ wahoo, avocado & serrano peppers	
GROOVEROLL *.....	\$11.95
spicy abacore, tempura crunchies & avocado topped w/ wahoo, mango & eel sauce	
JERSEY DEVIL * 🌶️.....	\$11.95
soft shell crab, tempura serrano pepper & lemon topped w/ spicy tuna, sriracha & roasted serrano panzu	
CATERPILLAR	\$11.95
eel & cucumber topped w/ avocado & eel sauce	
RAINBOW *.....	\$12.95
california roll topped w/ assorted fish	
BUDDHA * 🌾.....	\$11.95
spicy scallops, cucumber & sprouts topped w/ salmon, hamachi, avocado, green onions & panzu	
COCO LOCO	\$12.95
coconut shrimp & avocado topped w/ spicy tuna, mango, abacore, cilantro & roasted serrano panzu	
ZENITH *.....	\$12.95
shrimp tempura, spicy mayo, avocado & masago topped w/ tuna, eel & eel sauce	
WHITE MARS *.....	\$12.95
tempura shrimp & spicy mayo topped w/ crab, wahoo, avocado & eel sauce	
GROOVALICIOUS *.....	\$12.95
shrimp tempura, strawberry & cream cheese topped w/ crab, wahoo, avocado, seared tuna, mango & eel sauce	
SERRANO SUNRISE * 🌶️.....	\$12.95
spicy crab, jicama & tempura serranos topped w/ avocado, salmon, lemon, cilantro, tobiko & panzu	
PINEAPPLE YANGLO *.....	\$12.95
coconut shrimp & pineapple topped w/ spicy abacore, wahoo, mango, avocado, cilantro & serrano panzu	

TEMPURA STYLE ROLLS



GROOVY TUNA * 🌶️.....	\$10.95
spicy tuna, mango, avocado, strawberry & cream cheese futomaki style, coconut battered & topped w/ eel sauce	
VEGAS *.....	\$10.95
salmon, crab, cream cheese & avocado topped w/ spicy mayo & eel sauce	
HAWAIIAN HEATER * 🌶️.....	\$10.95
wahoo, spicy tuna, serranos, avocado, mango, cilantro & green onion futomaki style w/ a roasted serrano panzu	

RICELESS ROLLS



MOUNT FUJI *.....	\$13.95
crab, eel & spicy mayo wrapped in salmon, baked then topped w/ eel sauce & masago	
CUCUMBER CRISP *.....	\$15.95
tuna, wahoo, salmon, abacore, hamachi, ebi & avocado wrapped in a cucumber & topped w/ panzu	
LIP SMACKER *.....	\$16.95
soft shell crab, mango, avocado & strawberry wrapped in wahoo, topped w/ eel sauce & tobiko	

VEGI ROLLS



INARI SWEETNESS 🌱.....	\$5.95
inari, strawberry, avocado & mango	
TEMPURA ASPARAGUS	\$4.95
tempura, asparagus, tofu & spicy mayo	
TREE HUGGER!	\$5.95
seaweed salad, inari, asparagus, avocado, sprouts & green onion	
TEX MEX 🌱.....	\$5.95
inari, cucumber, avocado, sprouts, green onion, cilantro, serrano peppers & sriracha	
ONION RING	\$7.95
tempura green onion & tofu topped w/ avocado, mango & panzu sauce	
HUGE VEGI 🌱.....	\$8.95
cucumber, avocado, sprouts, green onion, asparagus, carrot, tofu & a full sheet futomaki	
HAWAIIAN VEGI	\$5.95
fatiki tofu, avocado, mango & green onion	
FRIED VEGI	\$8.95
cream cheese, avocado, green onion, asparagus & tempura fried w/ spicy mayo & teriyaki sauce	
GROOVY VEGI	\$8.95
tofu, strawberry, mango, avocado & coconut tempura fried topped w/ teriyaki sauce	
MANGO POPPER!	\$7.50
tempura serrano peppers, cream cheese, avocado & asparagus topped w/ mango & serrano panzu	
SEAWEED	\$5.95
seaweed salad, kelp noodles, avocado & asparagus	
KELP KRUNCH!	\$6.50
kelp noodles, jicama, avocado, cucumber, sprouts, green onions, cilantro & panzu sauce	
COCONUT DELIGHT	\$7.95
coconut tempura tofu, jicama & strawberry topped w/ mango, avocado & teriyaki sauce	

SUSHIGROOVE.US

Sushi Groove

FRESH CUTS DAILY



Keep up with Sushi Groove news and specials:
Scan this code to register online
or text SushiGroove to 760000

#sushigrooveutah



A gratuity of 18% will be added for parties of 4 or more guests.
*Thoroughly cooking foods of animal origin such as beef, eggs, lamb, pork, poultry, or shellfish reduces the risk of food borne illness. Consult your physician or public health official for further information.